



Serenity Counselling Service  
07508524408  
claire@serenitycounsellingservice.co.uk

## **International Therapeutic Contract**

In line with the territorial limits of my professional indemnity insurance policy, I am insured to work overseas as a resident within the United Kingdom (UK). I am liable to work in accordance with the UK General Data Protection Regulation (GDPR) law as underpinned by the Data Protection Act 2018. The therapeutic work is being undertaken in accordance with the laws of the United Kingdom, and any disputes will be subject to that of the United Kingdom law.

### **Online Sessions and Telephone Sessions**

I recommend you to use a private, safe and quiet space in which to carry out your online or telephone counselling. This will help you to feel safer for you to explore any difficult issues, to ensure your confidentiality.

I will be using headphones for both online and telephone sessions. This is so I am the only person within my environment who will be able to hear you. I aim to make our working therapeutic space a confidential and consistent safe space.

If we are working online, where possible please use a private password protected computer and private e-mail address. Virus and spyware definitions are regularly updated on my computer, I ask that you carry out similar safety precautions on your own computer. If the internet becomes a problem and we become disconnected we can convert the session to telephone please have a telephone available if needed.

**I have read and discussed the above information and the privacy policy with my Counsellor. I understand the risks and benefits of counselling, the nature, and limits of confidentiality, and what is expected of me as a client of this counselling service.**

Client Name:

Client Signature:

Date:

Counsellor Name:

Counsellor Signature:

Date:



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## Client Contact Details

Name:

Date of birth:

Address:

Telephone number:

Email:

General Practitioner details (name, telephone number, and address):

Emergency services details:

Medication:

Name of emergency contact:

Relationship with emergency contact:

Telephone number emergency contact: